

Elementary School After School Activities Signup

Module 2 January 16th to March 23rd 2012

STUDENT'S Last Name:		STUDENT'S FIRST Name:				
GRADE:		HR Teacher				
CHOICE	ACTIVITY NAME	DAY & TIME	LOCATION	INSTRUCTOR (S)	FEE	LIMIT
	African Drum & Dance 1-5	Mon 3:20-4:20	Rm 41	Kofi / Alfred		15
	African Drum & Dance KG	Mon 2:30-3:30	Rm 41	Kofi / Alfred		15
	Band 5 – Band Sectionals	Wed 1:30-2:30	ALL Music Rooms	Szajnfel / Mereku		
	Basketball 1-3	Wed 1:20 – 2:20	Outdoor Court	Grace		
	Basketball 4-5	Thurs 3:20 – 4:20	Outdoor Court	Stone and Sowah		
	Book Writing Club 2 – 5	Wed 1:15 -2:15	Rm 11	Emmanuel Mensah		
	Bread & Pastry 1-2	Tue 3:20-4:20	ECC Kitchen	Tobias	25	13
	Bread & Pastry 3-5	Thu 3:20-4:20	ECC Kitchen	Tobias	25	13
	Bread & Pastry KG	Mon 2:30-3:30	ECC Kitchen	Tobias	25	13
	Ceramics 1-3	Mon 3:20-4:20	ES Patio	Maxwell/Happy	25	12
	Ceramics KG	Tue 2:30-3:30	PS Patio	Maxwell/Happy	25	12
	Chess 2 - 5	Tue 3:20-4:20	Lab 17	J Adjie / Nortey		
	Dance Aerobics/Salsa 3 - 5	Wed 1:20-2:20	Rm 60	Shon		
	Dolly Making KG	Tue 2:30-3:30	PS Patio	Jennifer	25	12
	Drawing & Painting 1-3	Fri 3:20-4:20	ES Art	Benedict	25	
	Drawing & Painting 4-5	Fri 3:20-4:20	ES Art	Alfred M.	25	15
	French Reading Club 1 -5	Tue 3:20-4:20	Rm 19 A	Mabel		
	Girls Soccer 1-5	Wed 1:20 – 2:20	Church Field	Coach Emily		
	Guitar 2-5	Mon 3:20-4:20	Rm 42	Paul		12
	Gymnastics 1-5	Mon / Thur. 3:20 – 4:20	MPH Stage	Sam and TBD		15
	Jewellery Making KG	Thur 2:30-3:10	Pre KG A	Belinda		
	Karate A 1-5 Beginner	Monday 3:20 – 4:20	NPAT	Prince		15
	Karate B 1-5 Beginner	Friday 3:20 – 4:20	NPAT	Prince		15
	Karate C 1-5 Advanced	Tues 3:20 – 4:20	Room 25	Prince		15
	Karate D 1-5 Advanced	Thurs 3:20 – 4:20	Room 25	Prince		15
	Karate KG	Wed 1:20 – 2:20	MPH	Prince		15
	Learn to Swim 3-5	Tues. / Thurs. 3:20 – 4:20	Pool	Peter and Kwesi		20
	Learn to Swim A 1-2	Monday 3:20 – 4:20	Pool	Peter and Kwesi		15
	Learn to Swim B 1-2	Wed 1:20 – 2:20	Pool	Peter and TBD		15
	Learn to Swim KG	Wed 1:20 – 2:20	Pool	Kwesi and TBD		15
	Maracas & Dolly Making 1 -3	Tue 3:20 -4:20	PS Patio	Jennifer / Dillys	25	12
	Musical Ensemble Actors G.3	Tue 3:30 – 5:00	Music Room	Kathy Szajnfel		
	Open Swim 1-5	Monday 3:20 – 4:20	Pool	Cornelius		20
	Origami 1-3	Mon 3:20-4:20	ES Art	Benedict		15
	Sewing 3-5	Mon / Fri 3:20-4:20	Staff Lounge	Teye	25	15
	Soccer 1-3	Wed 1:20 – 2:20, Tues. 3:20-4:20	Main and Church Field	Ali, Karim, Stone, Sowah		
	Soccer 4-5	Mon 3:20 – 4:20, Wed 1:20 – 2:20	Church and Main Field	George		
	Soccer KG	Tues 2:30 – 3:30	MPH	Sam and George		
	Story Telling 1 – 5	Friday 3:30 – 4:30	Rm 11	Emmanuel Mensah		
	Story Telling KG	Mon 2:30 – 3:30	Rm 11	Emmanuel Mensah		
	String Weaving 3 - 5	Tue 3:20-4:20	ES Art	Benedict	25	
	Swim Team 4-5	Tues, Thurs, & Fri – 3:20 – 4:20	Pool	Mrs. Anne J		
	Tie-Dying 3-5	Tues 3.20-4.20	ES Patio	Juliette/Naa	25	
	Yoga KG	Tue 2:30 -3:30	KG A	Linda / Ana		

Parent Name: _____

Parent Signature: _____

Teacher Use Only Time: _____ Date: _____

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Instructions

- **Elementary students may choose no more than two activities per week**
- Return this to the homeroom teacher by as soon as possible
- Activities will start on Monday, January 16th
- Activities with limits are filled on a first-come, first-serve basis.
- **Payments for fee-based activities should be made to Business Office cashier on or before the first day of class**

Need More Info?

- Sport activities call Dawne Kaba: 774-018 ext 109
- Non-sport activities call Woenya Agboh: 774-018 ext 108

Additional Important Information on Sporting Activities:

Gymnastics:

- I have created a beginner and advanced class gymnastics. The advanced class is for students who have taken gymnastics at LCS before. The class will continue to build on skills and will emphasize creating more complex movement routines on the floor. The beginner class will develop basic skills and some advanced skills. Emphasis will be on creating movement sequences and linking skills. I am looking for an additional gymnastics instructor. Parents please contact me if you are interested.

Karate:

- Prince and I have created a beginner and advanced class without age restrictions. This means advanced students in Grade 1 can work together with other advanced students even in Grade 5.
 - The advanced class is for students who have experience with Karate. They will have already earned an orange belt or above. The class will continue to build on complex skills and develop techniques needed to achieve advanced levels of Kya.
 - The beginner class will develop important basic skills that will allow students to work towards achieving more advanced levels of Kya.
 - ❖ Students can only sign up for one karate activity day. Beginners can choose either Monday or Friday. Advanced can choose either Tuesday or Thursday
 - ❖ Students who need Karate Uniforms (Gi) should contact Prince personally
Phone # - 0277 42 09 08
Cost for Karate Gi (uniform) is as follows.

KG & Grade 1	GHC 35
Grades 2 and above	GHC 45

Learn to Swim:

- I have added an extra swim day for age categories 1-2, to decrease the size of our classes and still allow all LCS students to be part of the program.
 - ❖ Students can only sign up for one day of swimming. Grade 1-2 can choose either Monday or Wednesday

Open Swim:

- I have added a swim activity called 'Open Swim'. This is for students who have strong swim skills, can swim a minimum of 2 different strokes 100metres and who want some coaching to help improve their technique, without having to make the time and travel commitment for the ES Swim Team. Students' focus will be on building stamina and technique development.
 - ❖ Students are allowed to sign up for open swim and an additional "Learn to Swim". Students will be assessed on the first day and will have to pass the test to be permitted to continue. I will inform parents if their child does not meet the minimum standard needed to continue in this activity.